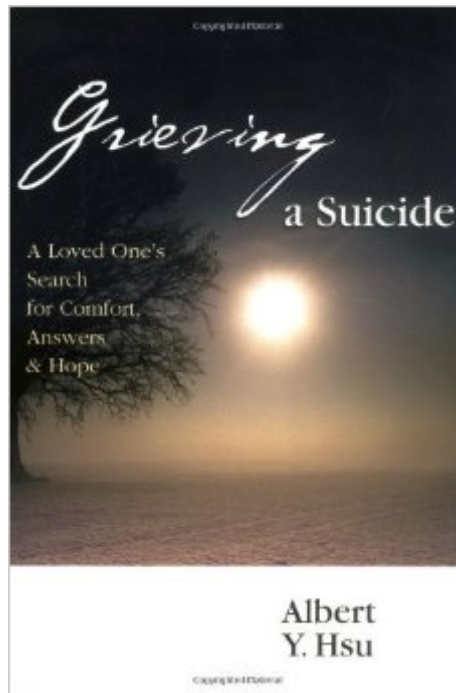


The book was found

# Grieving A Suicide: A Loved One's Search For Comfort, Answers & Hope



## Synopsis

A 2003 Finalist in the United Kingdom Christian Book Awards! Every seventeen minutes, someone in the United States dies by suicide. It is one of the most serious public health crises of modern times, claiming over one million lives worldwide every year. Those who have lost a loved one to suicide experience tremendous shock and trauma, with a confusing mix of emotions--anger, guilt, grief and despair. Suicide also raises heartrending questions: Why did this happen? Why didn't we see it coming? Many also wonder if those who choose suicide are doomed to an eternity separated from God and loved ones. Some may even start asking whether life is worth living at all. After his father's death by suicide, Albert Hsu wrestled with the intense emotional and spiritual questions surrounding suicide. While acknowledging that there are no easy answers, Hsu draws on the resources of the Christian faith to point suicide survivors to the God who offers comfort in our grief and hope for the future. If you have lost a loved one to suicide or provide pastoral care to those left behind, this book is an essential companion for the journey toward healing.

## Book Information

Paperback: 180 pages

Publisher: IVP Books (July 11, 2002)

Language: English

ISBN-10: 9780830823185

ISBN-13: 978-0830823185

ASIN: 0830823182

Product Dimensions: 5.5 x 0.7 x 8.2 inches

Shipping Weight: 9.6 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars [See all reviews](#) (63 customer reviews)

Best Sellers Rank: #337,205 in Books (See Top 100 in Books) #142 in [Books > Self-Help > Death & Grief > Suicide](#) #342 in [Books > Christian Books & Bibles > Christian Living > Death & Grief](#) #680 in [Books > Self-Help > Relationships > Love & Loss](#)

## Customer Reviews

I found this book and "No Time to Say Goodbye" by Carla Fine to be the best books I've read on the subject of suicide. Suicide happens to all walks of faith. I lost a dear friend to this tragic death, and these two books have been very comforting for me. I found the following words in this book very healing, "He fought an enemy that was as real to him as this casket is to us. This silent enemy exhausted all his courage and strength. Only God knows what he was suffering in his soul. But our

consolation is that God does know and understands!"

Well meaning friends gave this book and Carla Fine's book to me after my husband's suicide. Carla's book came first and while it may be good for some, the many stories she relates gave me nightmares. I kept dreaming of my husband committing suicide in all the ways she relates through-out her book. Albert Y. Hsu's book was a welcome relief from all that. He so gently explores the grief that suicide brings, which is, by the way, like no other grief. I highly recommend it and for those who are suffering from a loved one's suicide, I urge you to also join a support group. I'm thankful I did because for 2 hours each week I was with people who more fully understood what I was experiencing. One of the best comments to come from it was, "If we understood what the person was thinking, we'd be in those depths ourselves and that's not a place we want to be." I bought several copies for friends and family who were grieving with me.

I cannot sing higher praises for this book and it's author, Hsu. Having been a grief educator and serving with hospice for years, I recently lost my father to suicide and I have turned to reading as a form of grief work and self help. This book was very insightful, challenging, understanding, and personal. Although it is of a Christian perspective, it does not shove religion down one's throat. Rather, the gentleness and kindness and hope that can come from one's spiritual self and beliefs are encouraged. Modern psychology and Western culture does not have all the answers and this book addresses this in relation to loss by suicide. The raw pain that happens, dealing with blame and responsibility, the turmoil and chaos of this type of loss, the magnitude of it, lamentation, life perspective and forever changed personhood are all touched on. This is an empowering book from a very personal perspective, of one who has traveled the road as a survivor of loss by suicide. I salute Hsu for being so intimate in his book, yet specific and detailed, that is appealed to my inner-self in accepting that this loss is real, it happened, and now where do I go from here. Thank you, Hsu, and Inter-Varsity Press. I'll share this with my loved ones and I'll re-read it through this first year of mourning and, if needed, beyond. I'm sure I'll quote it for years to come. Despite much grief work to accomplish, I feel this book has helped me at least sort through the shattered pieces that remain.

This was a wonderful helpful book. Every page seemed to say something I could identify with as I grieved the suicide of my fiance. I am so glad I was able to read this book at the beginning to better understand suicide and the feelings that come and how to deal with them. Normal behavior was

described such as the stress and not being able to function as well as before while grieving.

This book is written from a Christian perspective with lots of scripture and history. It is written by a person who is a survivor of suicide and it shows. He has gone through a similar healing thought process to me. I found this to be a helpful book, but did not identify with the Christian beliefs, though I found it comforting that his perspective is one of forgiveness and love. I want to believe that my loved one is not in pain and is resting in peace. Above all, this book gave me that reassurance.

When my new wife took her own life earlier this year, it broke my heart but not my faith. Having a Christian write a book about his own journey -- while also guiding me to other resources -- has been incredibly helpful. I'll admit I read it in fits and starts, because just when I thought I was over a rough patch of grieving, I would read about Mr. Hsu's similar path and I would take a step or two back into that part of my pain. There are times when it was uncanny how his life and thought matched so closely to mine, and there were times when his relationship with his father reminded me of my relationship to my (still-living) father. It has helped me examine my living relationships more closely, and to treasure the time more dearly. For those who don't feel comfortable with the Christian perspective, there is still much to be learned and felt in these pages. Don't reject this book simply because Mr. Hsu often offers support through passages from the Bible. Even if you don't read the Bible, there are stories there that can teach anyone, regardless of their faith or lack thereof. But that is not the main focus of this book. "Grieving a Suicide" is about the journey from shock and disbelief and deep pain toward hope and healing and forgiveness. That is a journey all survivors of suicide need to take, and this book (and others mentioned in the footnotes) can help us get there.

[Download to continue reading...](#)

Grieving a Suicide: A Loved One's Search for Comfort, Answers & Hope Word Search Book for Adults: Word Search Puzzles to Improve Memory and Exercise: word search, word search books, word search books for adults, adult word search books, word search puzzle books Word Search Puzzles Large Print: Large print word search, Word search books, Word search books for adults, Adult word search books, Word search puzzle books, Extra large print word search Words of Comfort for Times of Loss: Help and Hope When You're Grieving Cancer: Coping With Cancer: How To Cope When A Loved One Has Cancer Without Any Grieving (Cancer, Coping With Cancer, Cancer Books, Breast Cancer, Colon Cancer, Lung ... Cure, Prostate Cancer, Cancer Prevention) Grieving for the One Who Thought She Loved Me (Spanish Edition) Chicken Soup for the Grieving Soul: Stories About Life, Death and Overcoming the Loss of a Loved One (Chicken

Soup for the Soul) Grieving the Loss of Someone You Love: Daily Meditations to Help You Through the Grieving Process Please Be Patient, I'm Grieving: How to Care For and Support the Grieving Heart (Good Grief Series Book 3) Healing a Spouse's Grieving Heart: 100 Practical Ideas After Your Husband or Wife Dies (Healing Your Grieving Heart series) Healing Your Grieving Heart for Teens: 100 Practical Ideas (Healing Your Grieving Heart series) Healing the Adult Child's Grieving Heart: 100 Practical Ideas After Your Parent Dies (Healing Your Grieving Heart series) How to Help Someone with Depression: 2nd Edition (Loved one with depression, anxiety disorder, bipolar, manic depression, depression, mood disorders, suicide, suicidal thoughts) No Time to Say Goodbye: Surviving The Suicide Of A Loved One Grieving the Child I Never Knew: A Devotional for Comfort in the Loss of Your Unborn or Newly Born Child Comfort the Grieving: Ministering God's Grace in Times of Loss (Practical Shepherding Series) Cooking for One: 365 Recipes For One, Quick and Easy Recipes (Healthy Cooking for One, Easy Cooking for One, One Pot, One Pan) Warriors Word Scramble: Word Scramble Games - Word Search, Word Puzzles And Word Scrambles (Word Games, Brain Games, Word Search, Word Search Games, Word ... Scramble, Word Scrabble, Unscramble Word) The Best Large Print Word Search Puzzle Book: A Collection of 50 Themed Word Search Puzzles; Great for Adults and for Kids! (The Best Large Print Word Search Puzzle Books) (Volume 1) Fingerspelling Word Search Games - 36 Word Search Puzzles with the American Sign Language Alphabet: Volume 01 (Fingerspelling Word Search Games for Adults)

[Dmca](#)